

# SEIKI - The Heart of Shiatsu & Manual Therapy



Beautiful location close to Dartmoor and the South Devon coast

with Daniela Coronelli

28-29 April 2018  
@ Wayfaring Studio, Dartington  
TOTNES - DEVON - TQ9 6HA  
(10:30am-5:00pm)



*Seiki-Shiatsu offers an opportunity to be free from projecting a theoretical model or map onto what we feel when we give Shiatsu or other methods of Manual Therapy. "The theory should be how we can feel", according to Akinobu Kishi. Seiki-Shiatsu's aim is to accompany the receiver on a journey of expanded awareness and inner sensitivity, of what it feels like to be human, helping them to recognise and sustain their skills and potential. It is an embodied, experiential and empathic journey, inviting the wayfarer to practice from a place of curiosity, serenity and listening from the heart.*

## THEMES FOR THE WEEKEND will include:

- **Developing Ki-perceptivity** through practices of breathing and hara-centred movement, such as Gyoki, and Kotodama (sound vocalisation)
- **Amerta Movement** - to explore how to train our senses of touch, hearing and sight, and our attitude of perceiving from non-doing ... allowing, alignment, non-judging, with less fixation and expectation
- **Expanding the ability to recognise**, feel and sustain, the receiver's movement towards recovery, by cultivating mindfulness and resonance in the exchange
- **Touching upon spontaneity**, following what unfolds, allowing you to develop confidence in your personal way and true nature

**Open to Shiatsu and Manual Therapy Practitioners, Yoga and Movement Therapists and all those with an interest in Natural Health Care.** The weekend offers a way of enhancing your inner and professional practice. It counts towards your CPD, as well as being an opportunity for re-charging your body and soul



## To book a place on this Seiki Course

Email: [lifehealingarts@yahoo.co.uk](mailto:lifehealingarts@yahoo.co.uk)

or Telephone: 01803 862653 / 07941 841555

£145 (or £120 when paid before 12 April)

Cheques payable to: Daniela Coronelli, 13 Blacklers, Park Road, Dartington Hall, Totnes, Devon, TQ9 6EQ

Bank Details for Direct Transfer are on website:

[www.lifehealingarts.org](http://www.lifehealingarts.org)

**Daniela Coronelli** Originally studied Healing-Shiatsu with Sonia Moriceau, before later taking a two-year post-graduate training in Shiatsu education with the Shiatsu College in Norwich. She is trained in both Amerta Movement and Mindfulness teaching, and has been facilitating training for Shiatsu Schools, health organisations and private groups, since 2002. Daniela worked with Akinobu Kishi, the originator of the Seiki way, for ten years, in the UK, Europe and Japan. Since 2007, Daniela has been facilitating Seiki workshops in Devon and the South West